Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. Foodbanks provide emergency food and support to people experiencing crisis in the UK.

Listed below are charities offering foodbank services. Please contact the centers directly for further information on how you can receive a food parcel.

Lambeth

The Trussell Trust Food Bank

12 Poynders Road, London SW4 8NY

Tel no: 0208 675 7661

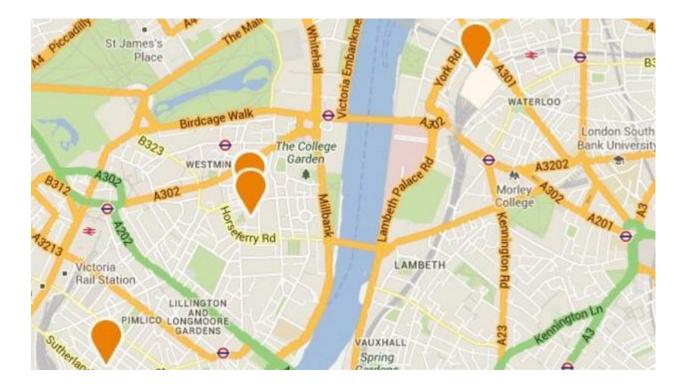
Opening time: Please contact the centre

Waterloo Foodbank

Non Perishable/Food Parcel

1 Kennington Road, London, SE1 7QP

Opening time: Tuesday 11am-1pm,Friday 10am-12pm



Cardinal Humes

Soup/Sandwiches

3-7 Arneway Street, Horseferry Road, London, SW1P 2BG

Opening time: Monday-Thursday 9am-4pm, Friday 12:30pm

Good Samaria Network

Cooked Meal

King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN

Opening time: Sunday and Monday 5.30-7.30pm

Streetlytes

Cooked Meal

King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN

Opening time: Tuesday 6-9pm

Khaniqahi Nimatallahi

Cooked Meal

King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN

Opening time: Wednesday 6-8pm

First Steps

Cooked Meal

King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN

Opening time: Thursday 8.30-10pm

Lighthouse Chapel International

Soup/Sandwiches

King George's Hostel, 75 Great Peter St, London, Greater London SW1P 2BN

Opening time: Friday 8.30 pm

Simon Community

Mixed Cooked And Cold Food

Waterloo

Opening time: Wednesday and Thursday 9.45pm

Penge run

Soup/Sandwiches

Tothill Street (near the DWP offices, Caxton House), Victoria and Lincoln's Inn Fields

Opening time: 2nd Saturday of the month 8pm, 2nd and 4th Saturdays of the month 10pm

Bondway night shelter

Cooked Meal

62 Bondway Road, SW8 1SF

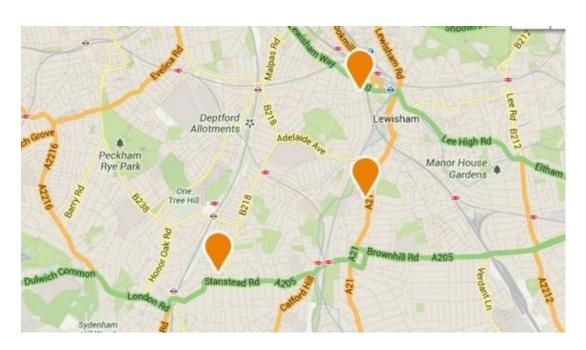
Opening time: N/A

Brixton Seventh Day Adventist Church

Mixed Cooked And Cold Food

428 - 434 Lewisham High St, London SE13 6LJ

Opening time: Thursday 7pm



Lewisham Foodbank

Non Perishable/Food Parcel

Malham Christian Centre, Malham Road, Forest Hill, SE23 1AN

Opening time: Wednesday 10am-12pm, Friday 2-4pm

Lewisham Foodbank

Non Perishable/Food Parcel

The Tabernacle, Algernon Road, Lewisham, London, SE13 7AT

Opening time: Tuesday and Thursday 12-2pm

Southwark

Southwark Foodbank (Pecan)

Non Perishable/Food Parcel

121a Peckham High Street, Peckham SE15 5SE

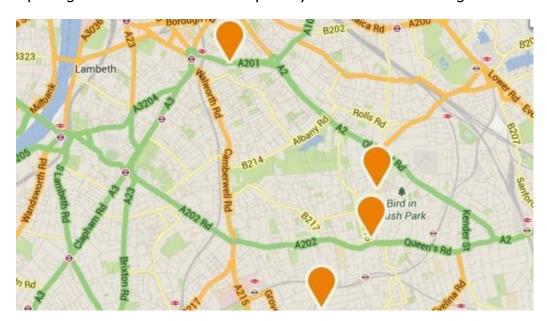
Opening time: Tuesday 10am-1pm, Thursday 2-5pm

Southwark Day Centre for Asylum Seekers

Cooked Meal

Crossway, 100 New Kent Road, SE1 6TU

Opening time: 12.30-5 Lunch at 1pm Asylum seekers and refugees



Southwark food banks.

Southwark Day Centre for Asylum Seekers

Cooked Meal

Peckham Park Road Baptist Church, 121 Peckham Park Road, SE15 6SX

Opening time: 11-2.45 Lunch at 1pm Asylum seekers and refugees

Southwark Day Centre for Asylum Seekers

Cooked Meal

Copleston Centre, Copleston Road, SE15 4AN